

HARRISONBURG-ROCKINGHAM CSB BULLETIN BOARD

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Since 1972 the Commonwealth of Virginia and this community have entrusted us with the responsibility for some of our most vulnerable citizens. We believe that local residents who experience mental illnesses, intellectual disabilities, or substance abuse problems deserve excellent community services that help them lead meaningful lives, both at home and in their community. Throughout 2010, the CSB Board of Directors has provided exceptional leadership and oversight, while CSB directors and supervisors have worked hard to plan and manage efficient and effective programs, and CSB staff have delivered exceptional services and individualized supports to over 3,000 individuals and families in Harrisonburg and Rockingham County. I'm proud of all their achievements and hard work. However, many individuals remain underserved or are still struggling to find their way to "recovery" and a "life like ours". We cannot be satisfied until every neighbor and each local citizen receive the highest quality behavioral healthcare that is right for them. Until next time.

Lacy T. Whitmore, Jr., Executive Director



**ARBOR HOUSE
1351 NORTH MAIN
STREET**

In our continuous effort to better serve the needs of our community and to build on the Recovery Model of care, the Harrisonburg-Rockingham Community Services Board is in the process of developing a Crisis Stabilization Program. The program will be housed in a newly constructed facility located at 1351 North Main Street adjacent to the CSB's main office site. The program will be known as Arbor House and will provide short-term crisis residential services to individuals experiencing an acute mental health crisis. Arbor House will offer an alternative to inpatient psychiatric treatment or a transition step from hospitalization back to the community. The program will provide professional treatment to stabilize the crisis situation and to mobilize the resources of the individual's community support system with the goal of promoting ongoing rehabilitation and recovery. Arbor House is tentatively scheduled to open late spring or early summer of this year.

MOBILE MEDS

The implementation of a new "mobile meds" program got off the ground in August 2010. Pharmacy Technicians deliver psychiatric medications to individuals' doorsteps, then observe them taking the medications. Five technicians were hired, with state Community Resource Pharmacy funds. They work under the leadership of a CSB registered nurse. Building on a pilot launched by residential services, the service now supports approximately 20 individuals.



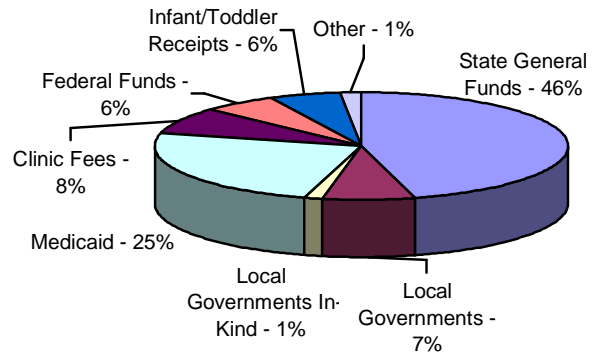


HARRISONBURG-ROCKINGHAM COMMUNITY SERVICES BOARD 2010 REVIEW



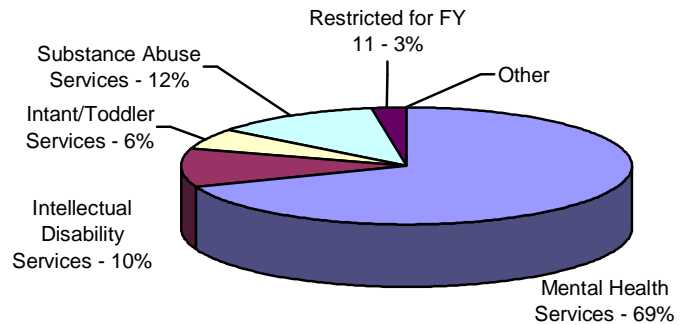
SOURCES OF FUNDING

State General Funds – 46%	4,147,363
Local Governments – 7%	657,941
Local Governments In-Kind – 1%	126,699
Medicaid – 25%	2,225,501
Clinic Fees – 8%	728,907
Federal Funds – 6%	524,952
Infant/Toddler Receipts – 6%	497,160
Other – 1%	149,791
	\$9,058,314



USES OF FUNDS

Mental Health Services – 69%	6,264,761
Intellectual Disability Services – 10%	949,671
Infant/Toddler Services – 6%	544,247
Substance Abuse Services – 12%	1,061,858
Restricted for FY 11 – 3%	230,295
Other	7,482
	\$9,058,314



NUMBER OF INDIVIDUALS/FAMILIES SERVED

Mental Health Services	2,060
Intellectual Disability Services	388
Infant/Toddler Services	188
Substance Abuse Services	733

CSB BOARD MEMBERS 2009-2010

Ms. Karen L. Barnes
Mr. A. Wesley Graves, VI
Mr. Scott Lowe
Ms. Daphyne Thomas

Dr. Larry Bompiani
Mr. Rick Haushalter
Mr. Brian J. Moore
Ms. Denise A. Whitman

Mrs. Cindy Grandle
Major C. M. Hess
Mr. John Otenasek
Dr. Phillip M. Wishon

MISSION STATEMENT

The Harrisonburg-Rockingham Community Services Board provides services that promote dignity, choice, recovery, and the highest possible level of participation in work, relationships, and all aspects of community life for individuals and families whose lives are affected by behavioral health or developmental disorders.

FOR MORE INFORMATION ON THE CSB, VISIT OUR WEBSITE AT WWW.HRCSB.ORG